## '3 Dynamic Coaching Techniques'

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## Developing Generational Techniques Strategic Action Sheet $\ensuremath{\mathbb{R}}$

TRADITIONALISTS Loyal Stabilizers	BABY BOOMERS Idealistic	GENERATION X Skeptical	MILLENNIALS Hopeful	GENERATION Z How & How Fast
BIRTH YEARS				
1920 - 1946	1946 - 1964	1965 - 1980	1981 - 2000	2000 - Current
CHARACTER CHANGING E	VENTS			
WW II, Korean War, Great Depression, G.I. Bill	Vietnam War, JFK, MLK Assinations, Cold War	Gulf War, Fall of Berlin Wall,	Internet, 9/11, 2008 'Great Recession'	The 'Cloud,' 2008 'Great Recession'
WORDS THAT WORK				
reliable, responsibility, duty, patriotic, value, loyalty, discipline	team, consensus, giving back, causes, making a difference, features and benefits, independence, creativity, freedom, community (meaning: neighbors, institutions)	results, I, what's in it for me?, brand, realistic, devil's advocate, risk, play hard / work hard (communicate to them:) their interests are being protected	we, team, make a difference, global citizen, technology, balance, innovation, continuum (there are no boxes), connecting friends and family, interactive, community (meaning: friends / virtual)	'how and how fast' rather than 'who or why'; totally 'plugged-in'; crowdsourcing / gather as much informatio as possible before making a decision; could fill a stadium with contacts
TECHNIQUE: 30-SECOND C	OACHING			
know they are still going in the right direction / they still have what it takes to be great in their expertise	know they are still going in the right direction / they still have what it takes to be great in their expertise	your wisdom on maneuvering business relationships	need positive course corrections as they go	need positive course corrections as they go; may need to help them networ in the old-fashioned way: in person
TECHNIQUE: NON - VERBA	L			
nicely penned note and / or a token gift	like notes ( they keep them) + help with a new app	positive text message from their boss would knock their socks off	positive text message from their boss would knock their socks off	positive text message from their boss would knock their socks off
TECHNIQUE: TEACH BACK				
give their wisdom in selling a concept / <i>you</i> may learn from them too	help them stay with their team technically / not get lost	get them up to speed on making better daily, weekly business decisions so they are more promotable quicker	sometimes they think they know it all; help them develop a skill they are missing to further their knowledge	help them develop a skill they are missing to further their knowledge
How will you use <u>each</u> of the	a 3 Dynamic Coaching Techniq	ues – for the multi-generations		
30-Second Coaching Coaching (10 total		e-to-One Coaching   Peer-to-Pee	r Coaching   Group Coaching   S	elf-Directed
Coaching Components to inc	clude: The 3 Tiers of Learning:	Knowledge + Skills + Confider	nce	
With each person yo What has changed ir	ou coach – what has changed in t n your approach with each perso	hing dialogues you have had with p the person's response, actions, be n? her the coaching process with yo	ehaviors?	



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